EASTERN ARIZONA COLLEGE
Theory of Cosmetology I
Course Design
2016-2017

Course Information
Division: Business
Course Number: COS 101
Title: Theory of Cosmetology I
Credits: 2
Developed by: Debbie John/Revised by Nicole Lucas
Lecture/Lab Ratio: 1 Lecture/3 Lab
Transfer Status

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<tr>
<th>ASU</th>
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<td>Non Transferable</td>
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Activity Course: No
CIP Code: 12.0401
Assessment Mode: Portfolio
Semester Taught: Upon Request
GE Category: None
Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites
None

Educational Value
Provides beginning knowledge of cosmetology for those preparing to become a licensed cosmetologist.

Description
Introduction to the basic manipulative skills in manicuring, professional image and conduct, and personal hygiene. Includes basic sciences in bacteriology, sanitation, and physiology pertaining to the head, face, hands, and arms. Theory and use of electricity and light as applied to cosmetology. The course also includes Arizona laws and rules governing cosmetology.

Supplies
Student cosmetology kit
Competencies and Performance Standards

1. Identify laws, rules, and regulations of Arizona State Board of Cosmetology.
   
   **Learning objectives**
   
   What you will learn as you master the competency:
   a. List regulations for cosmetologists.
   b. Demonstrate proper safety habits when working with chemicals that relate to hair, skin, and nails.
   c. Describe laws and rules governing cosmetology.
   d. Comply with laws and rules governing cosmetology.

   **Performance Standards**
   
   Competence will be demonstrated:
   o during supervised practical
   o during mock board exam
   o in completion of Phase I Exam
   
   Criteria - Performance will be satisfactory when:
   o learner lists regulations for cosmetologists
   o learner demonstrates proper safety habits when working with chemicals that relate to hair, skin, and nails
   o learner describes laws and rules governing cosmetology
   o learner complies with laws and rules governing cosmetology

2. Analyze basic sciences of bacteriology, sterilization, and sanitation related to cosmetology.
   
   **Learning objectives**
   
   What you will learn as you master the competency:
   a. Describe the relationship of bacteria to the spread of disease.
   b. Describe the difference between sanitation, disinfection, and sterilization.

   **Performance Standards**
   
   Competence will be demonstrated:
   o during supervised practical
   o during mock board exam
   o in completion of Phase I Exam
   
   Criteria - Performance will be satisfactory when:
   o learner describes the relationship of bacteria to the spread of disease
   o learner describes the difference between sanitation, disinfection, and sterilization

3. Demonstrate basic manipulative skills in manicuring, facials, and various hair treatments.
   
   **Learning objectives**
   
   What you will learn as you master the competency:
   a. Demonstrate basic manipulative skills in manicuring.
   b. Demonstrate basic manipulative skills in shampooing.
   c. Demonstrate basic manipulative skills in fingerwaving.
   d. Demonstrate basic manipulative skills in haircutting.
e. Demonstrate basic manipulative skills in curl construction.
f. Demonstrate basic manipulative skills in facial treatments.

**Performance Standards**

*Competence will be demonstrated:*
- during supervised practical
- during mock board exam
- in completion of Phase I Exam

*Criteria - Performance will be satisfactory when:*
- learner demonstrates basic manipulative skills in manicuring
- learner demonstrates basic manipulative skills in shampooing
- learner demonstrates basic manipulative skills in fingerwaving
- learner demonstrates basic manipulative skills in haircutting
- learner demonstrates basic manipulative skills in curl construction
- learner demonstrates basic manipulative skills in skin therapy on the face and neck

4. **Demonstrate theory and use of electricity and light as applied to cosmetology.**

**Learning objectives**

*What you will learn as you master the competency:*

a. Analyze hair, skin, and scalp conditions.
b. Apply basic hair, skin, and scalp treatments.
c. Demonstrate basic skin and scalp manipulations.
d. Demonstrate basic hair, skin, and scalp corrective treatments.

**Performance Standards**

*Competence will be demonstrated:*
- during supervised practical
- during mock board exam
- in completion of Phase I Exam

*Criteria - Performance will be satisfactory when:*
- learner analyzes hair, skin, and scalp conditions
- learner applies basic hair, skin, and scalp treatments
- learner demonstrates basic skin and scalp manipulations
- learner demonstrates hair, skin, and scalp corrective treatments

5. **Display a professional image.**

**Learning objectives**

*What you will learn as you master the competency:*

a. Maintain good personal hygiene.
b. Interact professionally with clients.
c. Dress appropriately for the salon field.

**Performance Standards**

*Competence will be demonstrated:*
- during supervised practical
6. Demonstrate effective business administration skills.

Learning objectives
What you will learn as you master the competency:

a. Demonstrate effective reception desk procedures.
b. Perform inventory of supplies and equipment.
c. Practice effective telephone techniques.

Performance Standards
Competence will be demonstrated:

- during supervised practical
- during mock board exam
- in completion of Phase I Exam

Criteria - Performance will be satisfactory when:

- learner demonstrates effective reception desk procedures
- learner performs inventory of supplies and equipment
- learner practices effective telephone techniques

Types of Instruction
Classroom instruction
Demonstration
Supervised practicals
Theory group work

Grading Information

Grading Rationale

Customer service skill 33.3%
Performance/technical skill 33.3%
Quizzes, tests, and homework 33.3%

Grading Scale

A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  Below 59%