Course Information

Division: Business
Course Number: COS 121
Title: Nail Care I
Credits: 1
Developed by: Debbie John/Revised by Nicole Lucas
Lecture/Lab Ratio: 0.5 Lecture/1.5 Lab
Transfer Status: Non Transferable

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Activity Course: No
CIP Code: 12.0401
Assessment Mode: Portfolio
Semester Taught: Upon Request
GE Category: None
Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites
None

Educational Value
Provides beginning knowledge of cosmetology for those preparing to become a licensed cosmetologist.

Description
Includes care and beautification of the hands, arms, feet, legs, and nails; practice in giving plain/oil manicures, pedicures, hand/arm massages, and foot/leg massages. A study is made of proper use of instruments, equipment, personal hygiene, sanitation, common nail conditions, diseases, and State Board rules and regulations affecting the cosmetologist performing manicuring, pedicuring, hand/arm and leg/foot massages.

Supplies
Student cosmetology kit
Competencies and Performance Standards

1. Treat nail disorders and diseases.
   
   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify nail disorders and diseases.
   
   b. Demonstrate treatment of nail disorders and diseases.
   
   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o during supervised practical
   
   o during mock board exam
   
   o in completion of Phase I Exam
   
   *Criteria - Performance will be satisfactory when:*
   
   o learner identifies nail disorders and diseases
   
   o learner demonstrates treatment of nail disorders and diseases

2. Apply safety precautions to protect patrons and the public.
   
   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify safety concerns pertaining to manicure, pedicure, and massage procedures.
   
   b. Explain safety precautions to protect the patron and the public.
   
   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o during supervised practical
   
   o during mock board exam
   
   o in completion of Phase I Exam
   
   *Criteria - Performance will be satisfactory when:*
   
   o learner identifies safety concerns pertaining to manicure, pedicure, and massage procedures
   
   o learner explains safety precautions to protect the patron and the public

3. Demonstrate professional manicuring and pedicuring techniques.
   
   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify manicuring cosmetics and their composition.
   
   b. Demonstrate a plain manicure.
   
   c. Demonstrate a hot oil manicure.
   
   d. Demonstrate a pedicure.
   
   e. Apply artificial nails.
   
   f. Apply tips/overlays.
   
   g. Apply tips/nail wraps.
   
   h. Apply gel polish.
Performance Standards

Competence will be demonstrated:
- during supervised practical
- during mock board exam
- in completion of Phase I Exam

Criteria - Performance will be satisfactory when:
- learner identifies manicuring cosmetics and their composition
- learner demonstrates a plain manicure
- learner demonstrates a hot oil manicure
- learner demonstrates a pedicure
- learner applies artificial nails
- learner applies tips/overlays
- learner applies tips/nail wraps
- learner applies gel polish

4. Administer professional hand/arm and foot/leg massage.

Learning objectives
What you will learn as you master the competency:
- a. Explain the structure of the hand, arm, foot, leg, and nail.
- b. Demonstrate hand, arm, foot, leg, and nail massage techniques.

Performance Standards

Competence will be demonstrated:
- during supervised practical
- during mock board exam
- in completion of Phase I Exam

Criteria - Performance will be satisfactory when:
- learner explains the structure of the hand, arm, foot, leg, and nail
- learner demonstrates hand, arm, foot, leg, and nail massage techniques

Types of Instruction

Classroom Instruction
Demonstration
Supervised Practicals
Theory Group Work

Grading Information

Grading Rationale
Customer service skill 33.3%
Performance/technical skill 33.3%
Clinic work 33.3%
Grading Scale

A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  Below 59%