Course Information
Division: Business
Course Number: COS 123
Title: Nail Care II
Credits: 1
Developed by: Debbie John/Revised by Nicole Lucas
Lecture/Lab Ratio: 0.5 Lecture/1.5 Lab
Transfer Status:

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Activity Course: No
CIP Code: 12.0401
Assessment Mode: Portfolio
Semester Taught: Upon Request
GE Category: None
 Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites:
COS 121 or concurrent enrollment in COS 121

Educational Value:
Provides further training in cosmetology for those preparing to become a licensed cosmetologist.

Description:
Continuation of COS 121. Includes care and beautification of the hands, arms, feet, legs, and nails; practice in giving plain/oil manicures, pedicures, hand/arm massages, and foot/leg massages. A study is made of proper use of instruments, equipment, personal hygiene, sanitation, common nail conditions, diseases, and State Board rules and regulations affecting the cosmetologist performing manicuring, pedicuring, hand/arm and leg/foot massages.

Supplies:
Student cosmetology kit
Competencies and Performance Standards

1. **Treat nail disorders and diseases.**
   
   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify nail disorders and diseases.
   b. Demonstrate treatment of nail disorders and diseases.

   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o during supervised clinicals
   o in completion of Phase IV Exam

   **Criteria - Performance will be satisfactory when:**
   
   o learner identifies nail disorders and diseases
   o learner demonstrates treatment of nail disorders and diseases

2. **Apply safety precautions to protect patrons and the public.**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify safety concerns pertaining to manicure, pedicure, and massage procedures.
   b. Explain safety precautions to protect the patron and the public.

   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o during supervised clinicals
   o in completion of Phase IV Exam

   **Criteria - Performance will be satisfactory when:**
   
   o learner identifies safety concerns pertaining to manicure, pedicure, and massage procedures
   o learner explains safety precautions to protect the patron and the public

3. **Demonstrate professional manicuring and pedicuring techniques.**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Identify manicuring cosmetics and their composition.
   b. Demonstrate a plain manicure.
   c. Demonstrate a hot oil manicure.
   d. Demonstrate a pedicure.
   e. Apply artificial nails.
   f. Apply tips/overlays.
   g. Apply tips/nail wraps.
   h. Apply gel polish.

   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o during supervised clinicals
in completion of Phase IV Exam

Criteria - Performance will be satisfactory when:
- learner identifies manicuring cosmetics and their composition
- learner demonstrates a plain manicure
- learner demonstrates a hot oil manicure
- learner demonstrates a pedicure
- learner applies artificial nails
- learner applies tips/overlays
- learner applies tips/nail wraps
- learner applies gel polish

4. **Administer professional hand/arm and foot/leg massage.**

   **Learning objectives**
   What you will learn as you master the competency:
   a. Explain the structure of the hand, arm, foot, leg, and nail.
   b. Demonstrate hand, arm, foot, leg, and nail massage techniques.

   **Performance Standards**
   Competence will be demonstrated:
   - during supervised clinicals
   - in completion of Phase IV Exam

   Criteria - Performance will be satisfactory when:
   - learner explains the structure of the hand, arm, foot, leg, and nail
   - learner demonstrates hand, arm, foot, leg, and nail massage techniques

**Types of Instruction**
- Classroom instruction
- Demonstration
- Supervised practicals
- Theory group work

**Grading Information**

**Grading Rationale**
Customer service skill 33.3%
Performance/technical skill 33.3%
Clinic work 33.3%

**Grading Scale**

A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  Below 59%