Course Information

Division: Business
Course Number: COS 125
Title: Manicuring I
Credits: 4
Developed by: Debbie John/Revised by Nicole Lucas
Lecture/Lab Ratio: 1 Lecture/9 Lab

Transfer Status

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<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
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<td>Non Transferable</td>
<td>CTE Departmental Elective</td>
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Activity Course: No
CIP Code: 12.0401
Assessment Mode: Portfolio
Semester Taught: Upon Request
GE Category: None
 Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites
None

Educational Value
Provides beginning knowledge of cosmetology for those preparing to become a licensed manicurist or cosmetologist.

Description
First of four courses for students seeking a manicuring license. Includes care and beautification of the nails, hands, legs, feet, and arms. Emphasis is on theory, proper use of instruments, equipment, personal hygiene, common nail conditions and diseases, basic nail techniques, and State Board rules and regulations affecting manicurists.

Supplies
Student cosmetology kit
Competencies and Performance Standards

1. Identify laws, rules, and regulations of Arizona State Board of Cosmetology.

   Learning objectives
   What you will learn as you master the competency:
   a. Identify appropriate State Board of Cosmetology rules, regulations, and laws.
   b. Describe laws and rules governing cosmetology.
   c. Comply with laws and rules governing cosmetology.

   Performance Standards
   Competence will be demonstrated:
   o during supervised practicals
   o on the clinic floor
   o in completion of Phase I Exams
   Criteria - Performance will be satisfactory when:
   o learner lists regulations for cosmetologists
   o learner describes laws and rules governing cosmetology
   o learner complies with laws and rules governing cosmetology

2. Use appropriate equipment, implements, materials, and cosmetics needed for manicures.

   Learning objectives
   What you will learn as you master the competency:
   a. Identify equipment and implements used for manicures.
   b. Identify materials and cosmetics used for manicures.
   c. Describe basic table set-ups.

   Performance Standards
   Competence will be demonstrated:
   o during supervised practicals
   o on the clinic floor
   o in completion of Phase I Exams
   Criteria - Performance will be satisfactory when:
   o learner identifies equipment and implements used for manicures
   o learner identifies materials and cosmetics used for manicures
   o learner describes basic table set-ups

3. Use appropriate equipment, implements, materials, and cosmetics needed for pedicures.

   Learning objectives
   What you will learn as you master the competency:
   a. Identify equipment and implements used for pedicures.
   b. Identify materials and cosmetics used for pedicures.
   c. Describe the basic table set-up.
**Performance Standards**

*Competence will be demonstrated:*
- during supervised practicals
- on the clinic floor
- in completion of Phase I Exams

*Criteria - Performance will be satisfactory when:*
- learner identifies equipment and implements used for pedicures
- learner identifies materials and cosmetics used for pedicures
- learner describes the basic table set-up

4. **Demonstrate basic manicuring procedures.**

*Learning objectives*

*What you will learn as you master the competency:*

a. Describe the four basic nail shapes.
b. Demonstrate the steps in pre-service.
c. Demonstrate the procedure for a water manicure.
d. Demonstrate the procedures for a hot oil manicure.
e. Demonstrate the procedures for a male manicure.
f. Demonstrate the procedures for a pedicure.

**Performance Standards**

*Competence will be demonstrated:*
- during supervised practicals
- on the clinic floor
- in completion of Phase I Exams

*Criteria - Performance will be satisfactory when:*
- learner describes the four basic nail shapes
- learner demonstrates the steps in pre-service
- learner demonstrates the procedure for a water manicure
- learner demonstrates the procedures for a hot oil manicure
- learner demonstrates the procedures for a male manicure
- learner demonstrates the procedures for a pedicure

5. **Demonstrate various manicuring techniques.**

*Learning objectives*

*What you will learn as you master the competency:*
- Apply sculptured nails, nail tips, nail wraps, fills, overlays, gels, and gel polish.
- Demonstrate creativity in nail art.
- Perform nail polish/change.
- Maintain each type of manicuring service.
- Use the electric file.
Performance Standards

Competence will be demonstrated:
- during supervised practicals
- on the clinic floor
- in completion of Phase I Exams

Criteria - Performance will be satisfactory when:
- learner applies sculptured nails, nail tips, nail wraps, fills, overlays, gels, and gel polish
- learner demonstrates creativity in nail art
- learner performs nail polish/change
- learner maintains each type of manicuring service
- learner uses the electric file

6. Utilize appropriate safety precautions in all manicuring procedures.

Learning objectives

What you will learn as you master the competency:

a. Exhibit proper procedure and safety precautions for the removal of tips, acrylics, wraps and gel polish.
b. Use proper procedure and safety precautions for applying primer.
c. Use proper procedure and safety precautions while curing gel in a UV light or LED light.

Performance Standards

Competence will be demonstrated:
- during supervised practicals
- on the clinic floor
- in completion of Phase I Exams

Criteria - Performance will be satisfactory when:
- learner exhibits proper procedure and safety precautions for the removal of tips, acrylics, wraps and gel polish
- learner uses proper procedure and safety precautions for applying primer
- learner uses proper procedure and safety precautions while curing gel in a UV light or LED light

Types of Instruction

Classroom Instruction
Demonstration
Supervised Practicals
Theory Group Work

Grading Information

Grading Rationale

Customer service skill  33.3%
Performance/technical skill  33.3%
Clinic work  33.3%
Grading Scale

A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  Below 59%