### Course Information

**Division**  
Fine Arts

**Course Number**  
DAN 132

**Title**  
Beginning Ballet I

**Credits**  
1

**Developed by**  
Rena De La Cruz

**Lecture/Lab Ratio**  
0 Lecture/2 Lab

**Transfer Status**  
<table>
<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
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<tbody>
<tr>
<td>DCE Dept Elective</td>
<td>Elective Credit</td>
<td>DNC 112A; Tier 2 Arts (ARTS)</td>
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**Activity Course**  
Yes

**CIP Code**  
36.0114

**Assessment Mode**  
Portfolio

**Semester Taught**  
Upon Request

**GE Category**  
AAS degree only

**Separate Lab**  
No

**Awareness Course**  
No

**Intensive Writing Course**  
No

### Prerequisites

None

### Educational Value

Fulfills the Health and Physical Education requirement for AAS Degrees. It provides students with an understanding of dance as a discipline. It also provides a learning experience in movement forms and mastery of physical expressions of various moods through music and dance.

A. To General Education

Relates to Arts and Humanities courses.

B. Other

1. Provides students with an understanding of dance as a discipline.

2. A learning experience in movement forms and mastery of physical expressions of various moods through music and dance.

### Description

The study of ballet technique through the traditional exercises with proper awareness of style and phrasing.
Supplies
Ballet shoes

Competencies and Performance Standards

1. Demonstrate barré exercises.
   Learning objectives
   What you will learn as you master the competency:
   a. Demonstrate flexibility.
   b. Demonstrate balance.
   c. Demonstrate technique.
   d. Demonstrate strength.
   Performance Standards
   Competence will be demonstrated:
   o in class activities and exercises
   o in rehearsals and performances
   Performance will be satisfactory when:
   o learner demonstrates flexibility
   o learner demonstrates balance
   o learner develops technique
   o Learner develops strength

2. Demonstrate center floor combinations.
   Learning objectives
   What you will learn as you master the competency:
   a. Demonstrate travel combinations.
   b. Demonstrate turns.
   c. Demonstrate adagio and allegro techniques.
   Performance Standards
   Competence will be demonstrated:
   o in class activities and exercises
   o in rehearsals and performances
   Performance will be satisfactory when:
   o learner demonstrates travel combinations
   o learner demonstrates turns
   o learner demonstrates adagio and allegro techniques

3. Communicate through the language of ballet.
   Learning objectives
   What you will learn as you master the competency:
   a. Demonstrate knowledge of a specific vocabulary.
   b. Demonstrate an understanding of directions given in ballet terminology.
c. Apply vocabulary to choreography.

**Performance Standards**

*Competence will be demonstrated:*

- in class activities and exercises
- in rehearsals and performances

*Performance will be satisfactory when:*

- learner demonstrates a knowledge of specific vocabulary
- learner demonstrates an understanding of directions given in ballet terminology
- learner applies vocabulary to choreography

**Types of Instruction**

Demonstration
Individual instruction
Group instruction

**Grading Information**

**Grading Rationale**

50% Skills
25% Performance
25% Attendance

**Grading Scale**

- A  100-90%
- B  89-80%
- C  79-70%
- D  69-60%
- F  59% and below