

EASTERN ARIZONA COLLEGE

Introduction to First Aid and Beginning CPR

Course Design
2012-2013

Course Information

Division Allied Health
Course Number EMT 120
Title Introduction to First Aid and Beginning CPR
Credits 0.5
Developed by Mark Kempton
Lecture/Lab Ratio 0.5 Lecture/0 Lab

Transfer Status

ASU	NAU	UA
Non Transferable	Elective Credit	Non Transferable

Activity Course No
CIP Code 51.0904
Assessment Mode Pre/Post Test (25 Questions/25 Points)
Semester Taught Fall and Spring
GE Category None
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites

None

Educational Value

This course meets community needs by offering training for anyone interested in learning basic first aid and beginning CPR.

Description

Presents an overview of Basic First Aid and Heartsaver CPR. This course offers basic certification in First Aid & CPR through the American Heart Association and is ideal for daycare providers. Participants will not receive the HealthCare Provider BLS card required for the nursing program in this course. Individuals seeking Advanced First Aid or Healthcare Provider CPR should take EMT 122. This course prepares students to recognize the signs and symptoms of a heart attack. Prepares students to help someone who is choking. Prepares students to do the work of an unconscious person's heart and lungs until professional medical help arrives. Prepares students to keep an injured person safe from further injury and as comfortable as possible until medical help arrives.

Supplies

None

Competencies and Performance Standards

1. Describe common emergencies and illnesses and how to deal effectively with them.

Learning objectives

What you will learn as you master the competency:

- a. Acquaint self with common emergencies and illnesses.
- b. Acquaint self with emergency procedures for first aid of emergencies.
- c. Accept responsibility for personal well-being and practice and follow safety guidelines.
- d. Performs the skills needed in first aid.

Performance Standards

You will demonstrate your competence:

- when learner completes quizzes at the end of each unit.
- when learner performs practical exercises.

Your performance will be successful when:

- learner recognizes breathing, pulse, bleeding and poisoning emergencies.
- learner successfully completes a performance test in the classroom

2. Practice skills of first aid.

Learning objectives

What you will learn as you master the competency:

- a. The learner will discuss topics including moving a victim, performing first aid for fractures, dislocations, sprains, and strains; for seizures, for a choking victim and an unconscious victim and controlling bleeding.
- b. The learner will perform the skills for effective CPR.

Performance Standards

You will demonstrate your competence:

- on quiz at the end of the unit
- by performing practical exercises

Your performance will be successful when:

- Perform CPR
- learner demonstrates moving a victim, demonstrates first aid for fractures, dislocations, sprains and strains, including splinting.
- learner demonstrates using direct pressure to open wounds and control bleeding.
- learner demonstrates first aid for a stroke, choking victim, unconscious victim and seizure.
- learner attends required class and lab sessions and shows up on time.

3. Develop skills and attitude of calmness in an emergency.

Learning objectives

What you will learn as you master the competency:

- a. learner performs three basic fundamentals: check, call, care.

Performance Standards

You will demonstrate your competence:

- when learner completes quizzes at the end of each unit.
- when learner performs practical exercises.
- Perform several repetitions on a mannequin
- Survey the scene, perform pulse check on victim and demonstrate directing responsibilities to onlookers.

Your performance will be successful when:

- learner completes classroom performance and simulation of an emergency situation with a mock 911 call.

Types of Instruction

Lectures, Presentations, Guest Speakers, Videos

Grading Information

Grading Rationale

Student will be evaluated on demonstration of skills and completion of a Post-test.

Grading Scale: Grade Requirement

P Pass final exam with a 75% or better.

F Score below 75% on final exam.