Course Information

Division
Allied Health

Course Number
EMT 120

Title
Introduction to First Aid and Beginning CPR

Credits
0.5

Developed by
Mark Kempton

Lecture/Lab Ratio
0.5 Lecture/0 Lab

Transfer Status
<table>
<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non Transferable</td>
<td>Elective Credit</td>
<td>Non Transferable</td>
</tr>
</tbody>
</table>

Activity Course
No

CIP Code
51.0904

Assessment Mode
Pre/Post Test (25 Questions/25 Points)

Semester Taught
Fall and Spring

GE Category
None

Separate Lab
No

Awareness Course
No

Intensive Writing Course
No

Prerequisites
None

Educational Value
This course meets community needs by offering training for anyone interested in learning basic first aid and beginning CPR.

Description
Presents an overview of Basic First Aid and Heartsaver CPR. This course offers basic certification in First Aid & CPR through the American Heart Association and is ideal for daycare providers. Participants will not receive the HealthCare Provider BLS card required for the nursing program in this course. Individuals seeking Advanced First Aid or Healthcare Provider CPR should take EMT 122. This course prepares students to recognize the signs and symptoms of a heart attack. Prepares students to help someone who is choking. Prepares students to do the work of an unconscious person's heart and lungs until professional medical help arrives. Prepares students to keep an injured person safe from further injury and as comfortable as possible until medical help arrives.

Supplies
None
**Competencies and Performance Standards**

1. Describe common emergencies and illnesses and how to deal effectively with them.

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Acquaint self with common emergencies and illnesses.
   
   b. Acquaint self with emergency procedures for first aid of emergencies.
   
   c. Accept responsibility for personal well-being and practice and follow safety guidelines.
   
   d. Performs the skills needed in first aid.

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   - when learner completes quizzes at the end of each unit.
   - when learner performs practical exercises.

   *Your performance will be successful when:*
   
   - learner recognizes breathing, pulse, bleeding and poisoning emergencies.
   - learner successfully completes a performance test in the classroom.

2. Practice skills of first aid.

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. The learner will discuss topics including moving a victim, performing first aid for fractures, dislocations, sprains, and strains; for seizures, for a choking victim and an unconscious victim and controlling bleeding.
   
   b. The learner will perform the skills for effective CPR.

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   - on quiz at the end of the unit
   - by performing practical exercises

   *Your performance will be successful when:*
   
   - Perform CPR
   - learner demonstrates moving a victim, demonstrates first aid for fractures, dislocations, sprains and strains, including splinting.
   - learner demonstrates using direct pressure to open wounds and control bleeding.
   - learner demonstrates first aid for a stroke, choking victim, unconscious victim and seizure.
   - learner attends required class and lab sessions and shows up on time.

3. Develop skills and attitude of calmness in an emergency.

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. learner performs three basic fundamentals: check, call, care.
**Performance Standards**

You will demonstrate your competence:

- when learner completes quizzes at the end of each unit.
- when learner performs practical exercises.
- Perform several repetitions on a mannequin
- Survey the scene, perform pulse check on victim and demonstrate directing responsibilities to onlookers.

Your performance will be successful when:

- learner completes classroom performance and simulation of an emergency situation with a mock 911 call.

**Types of Instruction**

Lectures, Presentations, Guest Speakers, Videos

**Grading Information**

**Grading Rationale**

Student will be evaluated on demonstration of skills and completion of a Post-test.

**Grading Scale: Grade Requirement**

P Pass final exam with a 75% or better.
F Score below 75% on final exam.