

EASTERN ARIZONA COLLEGE

Beginning Basketball I

Course Design
2016-2017

Course Information

Division Health & Physical Education
Course Number HPE 101AC
Title Beginning Basketball I
Credits 1
Developed by Jim Bagnall
Lecture/Lab Ratio 0 Lecture/2 Lab

Transfer Status

ASU	NAU	UA
KIN 105, EXW 105	PES 100	PE Departmental Elective, PE Activity Credit limit of three units

Activity Course Yes
CIP Code 31.0501
Assessment Mode Portfolio
Semester Taught Fall and Spring
GE Category AAS degree only
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites

None

Educational Value

Students interested in enhancing their basketball skills in order to more effectively compete at the college level of play; students with a personal/professional interest in basketball. Students interested in participating in and learning a lifetime physical fitness skill and activity.

Description

This course is designed to teach students the fundamentals of basketball, prepare them to participate in competition and understand the basic offensive and defensive strategies of the game.

Supplies

None

Competencies and Performance Standards

1. Explain the rules of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of dribbling.
- b. Explain the rules and dimensions of the courts.
- c. Explain the rules of forming a team.

Performance Standards

You will demonstrate your competence:

- o by passing an exam governing the rules of basketball with an 80%

Your performance will be successful when:

- o learner explains the rules of dribbling
- o learner explains the rules and dimensions of the courts
- o learner explains the rules of forming a team

2. Demonstrate the fundamentals of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate how to speed dribble the ball.
- b. Demonstrate how to dribble while defended.
- c. Demonstrate how to crossover dribble.

Performance Standards

You will demonstrate your competence:

- o upon completion of instructor's checklist of the fundamentals of basketball

Your performance will be successful when:

- o learner demonstrates how to speed dribble the ball
- o learner demonstrates how to dribble while being defended
- o learner demonstrates how to crossover dribble

3. Discuss the strategies of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Discuss the strategies of basic offense.
- b. Discuss the strategies of basic defense.
- c. Discuss the strategies of positions.

Performance Standards

You will demonstrate your competence:

- o by passing an oral exam governing the strategies of basketball with an 80%

Your performance will be successful when:

- o learner discusses the basic strategies of offense
- o learner discusses the basic strategies of defense

- o learner discusses the strategies of positions

Types of Instruction

On-Campus Clinical

Grading Information

Grading Rationale

Skills Explanation Demonstration	40%
Tests	40%
Participation	10%
Portfolio	10%

Grading Scale

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below