

# EASTERN ARIZONA COLLEGE

## Beginning Varsity Basketball I

Course Design  
2016-2017

### Course Information

**Division** Health & Physical Education  
**Course Number** HPE 101AG  
**Title** Beginning Varsity Basketball I  
**Credits** 1  
**Developed by** Jim Bagnall  
**Lecture/Lab Ratio** 0 Lecture/2 Lab

### Transfer Status

ASU	NAU	UA
KIN 105, EXW 105	PES 100	Non Transferable

**Activity Course** Yes  
**CIP Code** 31.0501  
**Assessment Mode** Portfolio  
**Semester Taught** Fall and Spring  
**GE Category** AAS degree only  
**Separate Lab** No  
**Awareness Course** No  
**Intensive Writing Course** No

### Prerequisites

None

### Educational Value

Students interested in enhancing their basketball skills in order to more effectively compete at the college level of play; students with a professional interest in basketball.

### Description

This course is designed to teach students the game of basketball, offensive and defensive strategies of the game of basketball, and to prepare them to participate in competition.

### Supplies

None

## **Competencies and Performance Standards**

### **1. Explain the rules of basketball.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Explain the rules of fouls.
- b. Explain the rules of timeouts.
- c. Explain the rules of score keeping.

#### **Performance Standards**

*You will demonstrate your competence:*

- o by passing an exam governing the rules of basketball with an 80%

*Your performance will be successful when:*

- o learner explains the rules of fouls
- o learner explains the rules of timeouts
- o learner explains the rules of score keeping

### **2. Demonstrate the fundamentals of basketball.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Demonstrate the jump shot.
- b. Demonstrate a free throw.
- c. Demonstrate the hook shot.

#### **Performance Standards**

*You will demonstrate your competence:*

- o upon completion of an instructor's checklist of the fundamentals of basketball

*Your performance will be successful when:*

- o learner demonstrates a jump shot
- o learner demonstrates a free throw
- o learner demonstrates a hook shot

### **3. Discuss the strategies of basketball.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Discuss the strategies of a "2-3" zone.
- b. Discuss the strategies of a box press.
- c. Discuss the strategies of 4 out motion.

#### **Performance Standards**

*You will demonstrate your competence:*

- o by passing an exam governing the strategies of basketball with an 80%

*Your performance will be successful when:*

- o learner discusses the strategies of a 2-3 zone
- o learner discusses the strategies of a box press

- o learner discusses the strategies of 4 out motion

***Types of Instruction***

On-Campus Clinical

***Grading Information***

***Grading Rationale***

Skills Explanation Demonstration	40%
Test	40%
Participation	10%
Portfolio	10%

***Grading Scale***

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below