

# EASTERN ARIZONA COLLEGE

## Beginning Tennis I

Course Design

2016-2017

### Course Information

**Division** Health & Physical Education

**Course Number** HPE 101U

**Title** Beginning Tennis I

**Credits** 1

**Developed by** Jim Bagnall

**Lecture/Lab Ratio** 0 Lecture/2 Lab

### Transfer Status

ASU	NAU	UA
KIN 105, EXW 105	PES 100	PE Departmental Elective, PE Activity Credit limit of three units

**Activity Course** Yes

**CIP Code** 31.0501

**Assessment Mode** Portfolio

**Semester Taught** Fall and Spring

**GE Category** AAS degree only

**Separate Lab** No

**Awareness Course** No

**Intensive Writing Course** No

### Prerequisites

None

### Educational Value

Students interested in enhancing their tennis skills and increasing their physical fitness level.

### Description

Designed to assist the student in learning the basic skills and knowledge which lead to optimum tennis performance.

### Supplies

Tennis racquet

## **Competencies and Performance Standards**

### **1. Discuss the rules of tennis.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Explain the basic rules pertaining to scoring in singles.
- b. Explain the basic rules pertaining to etiquette in singles.
- c. Explain the basic rules pertaining to safety in singles

#### **Performance Standards.**

*You will demonstrate your competence:*

- o by passing an exam governing the rules with a score of 80%

*Your performance will be successful when:*

- o learner explains the basic rules of scoring in singles
- o learner explains the basic rules of etiquette in singles
- o learner explains the basic rules of safety in singles

### **2. Demonstrate the fundamental skills of tennis.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Demonstrate the mechanics of the grip.
- b. Demonstrate the mechanics of ground strokes.
- c. Demonstrate the mechanics of the serve.

#### **Performance Standards**

*You will demonstrate your competence:*

- o upon completion of instructor evaluation checklist

*Your performance will be successful when:*

- o learner demonstrates the mechanics of the grip
- o learner demonstrates the mechanics of ground strokes
- o learner demonstrates the mechanics of the serve

### **3. Explain the strategies in tennis.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Explain the basic strategies of serve return in singles play.
- b. Explain the basic strategies of front court play in singles.
- c. Explain the basic strategies of back court play in singles.

#### **Performance Standards**

*You will demonstrate your competence:*

- o by passing an exam on strategies with a score of 80%

*Your performance will be successful when:*

- o learner explains the basic strategies of serve return in singles play
- o learner explains the basic strategies of front court play in singles

- o learner explains the basic strategies of back court play in singles

***Types of Instruction***

On-Campus Clinical

***Grading Information***

***Grading Rationale***

Skills Explanation Demonstration	40%
Tests	40%
Participation	10%
Portfolio	10%

***Grading Scale***

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below