

EASTERN ARIZONA COLLEGE

Beginning Varsity Football II

Course Design
2016-2017

Course Information

Division Health & Physical Education
Course Number HPE 102AD
Title Beginning Varsity Football II
Credits 1
Developed by John O'Mera
Lecture/Lab Ratio 0 Lecture/2 Lab

Transfer Status

ASU	NAU	UA
KIN 105	PES Departmental Elective	Non Transferable

Activity Course Yes
CIP Code 31.0501
Assessment Mode Portfolio
Semester Taught Fall and Spring
GE Category AAS degree only
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites

HPE 101AD

Educational Value

Students who desire to develop their skills and understanding of strategies involved in football. To enable the students to continue on and have a football career at a four-year institution and/or professional level.

Description

A study of the game of football including fundamental techniques, offensive and defensive strategies, rules, and a brief history of the game. To develop and enhance competitive football techniques and skills to prepare students for competition.

Supplies

Cleats/Running Shoes

Competencies and Performance Standards

1. Explain the rules of football.

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of kicking.
- b. Explain the rules of receiving.
- c. Explain the rules of out of bounds.

Performance Standards

Competence will be demonstrated:

- o by passing an exam governing the rules of football with an 80%

Your performance will be successful when:

- o learner explains the rules of kicking
- o learner explains the rules of receiving
- o learner explains the rules of out of bounds

2. Demonstrate the fundamentals of football.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate shot gun snap.
- b. Demonstrate hand off.
- c. Demonstrate long snap.

Performance Standards

You will demonstrate your competence:

- o upon completion of instructor's check list

Your performance will be successful when:

- o learner demonstrates the shot gun snap
- o learner demonstrates the hand off
- o learner demonstrates the long snap

3. Discuss the strategies of football.

Learning objectives

What you will learn as you master the competency:

- a. Discuss kicking strategies.
- b. Discuss two-minute offense strategies.
- c. Discuss time management strategies.

Performance Standards

You will demonstrate your competence:

- o by passing an oral exam governing the strategies of football with an 80%

Your performance will be successful when:

- o learner discusses the strategies of kicking
- o learner discusses the strategies of the two-minute offense

- o learner discusses the strategies of time management

Types of Instruction

On-Campus Clinical

Grading Information

Grading Rationale

Skills Explanation Demonstration	40%
Test	40%
Participation	10%
Portfolio	10%%

Grading Scale

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below