EASTERN ARIZONA COLLEGE
Beginning Varsity Football II
Course Design
2016-2017

Course Information

Division: Health & Physical Education
Course Number: HPE 102AD
Title: Beginning Varsity Football II
Credits: 1
Developed by: John O'Mera
Lecture/Lab Ratio: 0 Lecture/2 Lab
Transfer Status:

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<td>KIN 105</td>
<td>PES Departmental</td>
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Activity Course: Yes
CIP Code: 31.0501
Assessment Mode: Portfolio
Semester Taught: Fall and Spring
GE Category: AAS degree only
Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites

HPE 101AD

Educational Value
Students who desire to develop their skills and understanding of strategies involved in football. To enable the students to continue on and have a football career at a four-year institution and/or professional level.

Description
A study of the game of football including fundamental techniques, offensive and defensive strategies, rules, and a brief history of the game. To develop and enhance competitive football techniques and skills to prepare students for competition.

Supplies
Cleats/Running Shoes
Competencies and Performance Standards

1. Explain the rules of football.
   **Learning objectives**
   What you will learn as you master the competency:
   a. Explain the rules of kicking.
   b. Explain the rules of receiving.
   c. Explain the rules of out of bounds.
   **Performance Standards**
   Competence will be demonstrated:
   o by passing an exam governing the rules of football with an 80%
   Your performance will be successful when:
   o learner explains the rules of kicking
   o learner explains the rules of receiving
   o learner explains the rules of out of bounds

2. Demonstrate the fundamentals of football.
   **Learning objectives**
   What you will learn as you master the competency:
   a. Demonstrate shot gun snap.
   b. Demonstrate hand off.
   c. Demonstrate long snap.
   **Performance Standards**
   You will demonstrate your competence:
   o upon completion of instructor's check list
   Your performance will be successful when:
   o learner demonstrates the shot gun snap
   o learner demonstrates the hand off
   o learner demonstrates the long snap

3. Discuss the strategies of football.
   **Learning objectives**
   What you will learn as you master the competency:
   a. Discuss kicking strategies.
   b. Discuss two-minute offense strategies.
   c. Discuss time management strategies.
   **Performance Standards**
   You will demonstrate your competence:
   o by passing an oral exam governing the strategies of football with an 80%
   Your performance will be successful when:
   o learner discusses the strategies of kicking
   o learner discusses the strategies of the two-minute offense
o learner discusses the strategies of time management

Types of Instruction
On-Campus Clinical

Grading Information
Grading Rationale
Skills Explanation Demonstration 40%
Test 40%
Participation 10%
Portfolio 10%

Grading Scale
A 90% or above
B 80-89%
C 70-79%
D 60-69%
F 59% or below