EASTERN ARIZONA COLLEGE
Beginning Softball II
Course Design
2018-2019

Course Information

Division                      Health & Physical Education
Course Number                HPE 102BD
Title                        Beginning Softball II
Credits                      1
Developed by                 Kate McCluskey
Lecture/Lab Ratio            0 Lecture/2 Lab
Transfer Status              ASU | NAU | UA
                             KIN 105, EXW 105 | FIT 100 | PE Dept. Elective, PE Activity Credit limit of three units

Activity Course              Yes
CIP Code                     31.0501
Assessment Mode             Portfolio
Semester Taught             Upon Request
GE Category                  AAS degree only
Separate Lab                 No
Awareness Course             No
Intensive Writing Course     No
Diversity and Inclusion Course No

Prerequisite                 HPE 101BD

Educational Value
Assists students in the development and maintenance of physical fitness and provides an opportunity to increase their skills and knowledge in softball with the option of moving into an advanced level of the game.

Description
Designed to teach the fundamentals of the game of softball including rules, hitting, throwing, catching, and fielding.
Supplies
Glove
Respectable attire
Cleats
Knee Pads

Competencies and Performance Standards
1. Improve motor skills.
   Learning objectives
   What you will learn as you master the competency:
   a. Discuss the importance of improving motor skills.
   Performance Standards
   Competence will be demonstrated:
   o by demonstrating for the instructor
   Criteria - Performance will be satisfactory when:
   o learner explains and practices improving motor skill

2. Increase reflexive reaction.
   Learning objectives
   What you will learn as you master the competency:
   a. Explain reflexive reaction.
   Performance Standards
   Competence will be demonstrated:
   o by participating in skills test for the instructor
   Criteria - Performance will be satisfactory when:
   o learner demonstrates reflexive reaction in skills test

   Learning objectives
   What you will learn as you master the competency:
   a. Explain the benefits of a balance mind and body.
   Performance Standards
   Competence will be demonstrated:
   o by successful completion of skills test
   Criteria - Performance will be satisfactory when:
   o learner explains the benefits of balance of mind and body

4. Acquire general physical fitness.
   Learning objectives
   What you will learn as you master the competency:
   a. Participate in various skills and fitness tests.
**Performance Standards**

_Criteria - Performance will be satisfactory when:_

- by a change in skills and fitness levels from the beginning to the end of the course

_Criteria - Performance will be satisfactory when:_

- learner completes various skills and fitness tests

5. **Enhance softball skills.**

**Learning objectives**

*What you will learn as you master the competency:*

a. Discuss the rules of the game and the skills necessary to play, which include hitting, throwing, and catching.

**Performance Standards**

_Compétence will be demonstrated:_

- by successful completion of various softball skills tests

_Criteria - Performance will be satisfactory when:_

- learner explains the rules of the game and the skills necessary to play, which include hitting, throwing, and catching

6. **Participate in a semi-competitive individual and team atmosphere.**

**Learning objectives**

*What you will learn as you master the competency:*

a. Participate in a game or scrimmage.

**Performance Standards**

_Compétence will be demonstrated:_

- by completing a minimum of one game-scrimmage

_Criteria - Performance will be satisfactory when:_

- learner participates in a game or scrimmage

---

**Types of Instruction**

Discussion

Practical Applications

---

**Grading Information**

**Grading Rationale**

1. Attendance 80%
2. Pre-Skills Test 5%
3. Post-Skills Test 5%
4. Portfolio 10%
**Grading Scale**

A  90% or above  
B  80-89%  
C  70-79%  
D  60-69%  
F  59% or below