

EASTERN ARIZONA COLLEGE

Beginning Tennis II

**Course Design
2016-2017**

Course Information

Division Health & Physical Education
Course Number HPE 102U
Title Beginning Tennis II
Credits 1
Developed by Jim Bagnall
Lecture/Lab Ratio 0 Lecture/2 Lab

Transfer Status

ASU	NAU	UA
Kin 105, EXW 105	PES 100	PE Departmental Elective, PE Activity Credit limit of three units

Activity Course Yes
CIP Code 31.0501
Assessment Mode Portfolio
Semester Taught Fall and Spring
GE Category AAS degree only
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites

HPE 101U

Educational Value

Students interested in enhancing their tennis skills and increasing their physical fitness level.

Description

Designed to assist the student in learning the basic skills and knowledge which lead to optimum tennis performance.

Supplies

Tennis racquet

Competencies and Performance Standards

1. Discuss the rules of tennis.

Learning objectives

What you will learn as you master the competency:

- a. Explain the basic rules pertaining to scoring in doubles.
- b. Explain the basic rules pertaining to etiquette in doubles.
- c. Explain the basic rules pertaining to safety in doubles.

Performance Standards

You will demonstrate your competence:

- o by passing an exam governing the rules with a score of 80%

Your performance will be successful when:

- o learner explains the basic rules of scoring in doubles
- o learner explains the basic rules of etiquette in doubles
- o learner explains the basic rules of safety in doubles

2. Demonstrate the fundamental skills of tennis.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the mechanics of the volley.
- b. Demonstrate the mechanics of the overhead shot.
- c. Demonstrate the mechanics of the lob.

Performance Standards

You will demonstrate your competence:

- o upon completion of instructor evaluation check list

Your performance will be successful when:

- o learner demonstrates the mechanics of the volley
- o learner demonstrates the mechanics of the overhead shot
- o learner demonstrates the mechanics of the lob

3. Explain the strategies of tennis.

Learning objectives

What you will learn as you master the competency:

- a. Explain basic strategies of the serve return in doubles.
- b. Explain basic strategies of front court play in doubles.
- c. Explain basic the strategies of back court play in doubles.

Performance Standards

You will demonstrate your competence:

- o by passing an exam on strategies with a score of 80%

Your performance will be successful when:

- o learner explains basic strategies of serve return in doubles
- o learner explains basic strategies of front court play in doubles

- o learner explains basic strategies of back court play in doubles

Types of Instruction

On-Campus Clinical

Grading Information

Grading Rationale

Skills Explanation Demonstration	40%
Tests	40%
Participation	10%
Portfolio	10%

Grading Scale

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below