Course Information

Division: Health & Physical Education
Course Number: HPE 141
Title: Fitness and Sports Medicine II
Credits: 1
Developed by: Jim Bagnall
Lecture/Lab Ratio: 0 Lecture/2 Lab

Transfer Status

<table>
<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN Department Elective, EXW Department Elective</td>
<td>Elective Credit</td>
<td>PE Departmental Elective, PE Activity credit limit of three units</td>
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Activity Course: No
CIP Code: 51.0800
Assessment Mode: Portfolio
Semester Taught: Spring
GE Category: None
Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites
HPE 140 or concurrent enrollment in HPE 140

Educational Value
This course is designed for the Sports Medicine and Rehabilitative Therapies program. It is also designed to meet the needs of students involved in other Health and Physical Education programs.

Description
This course is designed to allow clinical observation of post surgery/trauma rehabilitation and sport specific interventions. Identical to HHP 141.

Supplies
None
Competencies and Performance Standards

1. Define the concept of on-field assessment
   
   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Define on-field assessment
   
   b. Define the differences between on-field assessments

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   o by written journal
   
   o by in class participation

   *Your performance will be successful when:*
   
   o you define on-field assessment
   
   o you can describe the differences between on-field assessments

2. Define Clinical-Post Surgery/Trauma Rehabilitation

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Define Clinical-Post Surgery/Trauma Rehabilitation
   
   b. Identify differences between Clinical-Post Surgery/Trauma Rehabilitation

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   o by written journal
   
   o by in class participation

   *Your performance will be successful when:*
   
   o you define Clinical-Post Surgery/Trauma Rehabilitation
   
   o you can describe the differences between Clinical-Post Surgery/Trauma Rehabilitation

3. Define the concept Sport Specific Actions

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Define the concept Sport Specific Actions
   
   b. Identify the differences between Sport Specific Actions

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   o by written journal
   
   o by in-class participation

   *Your performance will be successful when:*
   
   o you define Sport Specific Actions
   
   o you describe the differences between Sport Specific Actions
Types of Instruction
Off campus clinical

Grading Information
Grading Rationale
Portfolio 60%
Participation 40%

Grading Scale
A 90% - 100%
B 80% - 89%
C 70% - 79%
D 60% - 69%
F Below 60%