

EASTERN ARIZONA COLLEGE

Theory and Practice of Basketball

Course Design
2018-2019

Course Information

Division Health & Physical Education
Course Number HPE 169
Title Theory and Practice of Basketball
Credits 2
Developed by Jim Bagnall
Lecture/Lab Ratio 2 Lecture/0 Lab

Transfer Status

ASU	NAU	UA
KIN Department Elective, EXW 105	HS Departmental Elective	PE 213

Activity Course Yes
CIP Code 13.1314
Assessment Mode Pre/Post Test (20 Questions/20 Points)
Semester Taught Upon Request
GE Category AAS degree only
Separate Lab No
Awareness Course No
Intensive Writing Course No
Diversity and Inclusion Course No

Prerequisites

None

Educational Value

Students interested in coaching or learning more about the techniques of basketball.

Description

A study of the fundamental techniques of team play and strategy stressing rules, coaching principles, and organizational methods.

Supplies

None

Competencies and Performance Standards

1. Explain the rules governing the game allowing game understanding and good sportsmanship.

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules pertaining to shooting.
- b. Explain the rules pertaining to passing.
- c. Explain the rules pertaining to dribbling.

Performance Standards

Competence will be demonstrated:

- o by written examination
- o by in-class participation

Criteria - Performance will be satisfactory when:

- o learner explains the rules pertaining to shooting
- o learner explains the rules pertaining to passing
- o learner explains the rules pertaining to dribbling

2. Explain the fundamentals of the game needed to improve game performance and compete successfully.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the techniques in shooting.
- b. Demonstrate the techniques in passing.
- c. Demonstrate the techniques in dribbling.

Performance Standards

Competence will be demonstrated:

- o by written examination
- o by in-class participation

Criteria - Performance will be satisfactory when:

- o learner demonstrates the proper mechanics of shooting
- o learner demonstrates the proper mechanics of passing
- o learner demonstrates the proper mechanics of dribbling

3. Defend team strategies of the game needed to improve performance of team play.

Learning objectives

What you will learn as you master the competency:

- a. Explain the various team defenses.
- b. Explain the various team offenses.

Performance Standards

Competence will be demonstrated:

- o by written examination
- o by in-class participation

Criteria - Performance will be satisfactory when:

- learner explains various defenses
- learner explains various offenses

4. Defend basic coaching principles useful for future involvement in the game.

Learning Objectives

- a. Analyze offensive strategies.
- b. Analyze defensive strategies.

Performance Standards

Competence will be demonstrated:

- by written examination
- by in-class participation

Criteria - Performance will be satisfactory when:

- learner analyzes offensive strategies
- learner analyzes defensive strategies

5. Assess organizational methods useful for future involvement in the game.

Learning Objectives

- a. Develop a daily practice plan.
- b. Develop a weekly practice plan.
- c. Develop a preseason practice plan.
- d. Develop an in-season practice plan.

Performance Standards

Competence will be demonstrated:

- by written examination
- by in-class participation

Criteria - Performance will be satisfactory when:

- learner develops daily practice plans
- learner develops weekly practice plans
- learner develops preseason practice plans
- learner develops in-season practice plans

Types of Instruction

Classroom presentation

Grading Information

Grading Rationale

Examination 60%

Participation 30%

Post Test 10%

Grading Scale

A	90% - 100%
B	80% - 89%
C	70% - 79%
D	60% - 69%
F	Below 60 %