

EASTERN ARIZONA COLLEGE

Advanced Basketball I

Course Design
2016-2017

Course Information

Division Health & Physical Education
Course Number HPE 201AC
Title Advanced Basketball I
Credits 1
Developed by Jim Bagnall
Lecture/Lab Ratio 0 Lecture/2 Lab

Transfer Status

ASU	NAU	UA
KIN 205	PES 100	PE Departmental Elective, PE Activity Credit limit of three units

Activity Course Yes
CIP Code 31.0501
Assessment Mode Portfolio
Semester Taught Fall and Spring
GE Category AAS degree only
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites

None

Educational Value

Students interested in enhancing their basketball skills in order to more effectively compete at the college level of play; students with a personal/professional interest in basketball. Students interested in participating in and learning a lifetime physical fitness skill and activity.

Description

This course is designed to teach students the fundamentals of basketball, prepare them to participate in competition and understand basic offensive and defensive strategies of the game.

Supplies

None

Competencies and Performance Standards

1. Explain the rules of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of fouls.
- b. Explain the rules timeouts.
- c. Explain the rules of score keeping.

Performance Standards

You will demonstrate your competence:

- o by passing an exam governing the rules of basketball with an 80%

Your performance will be successful when:

- o learner explains the rules of fouls
- o learner explains the rules of timeouts
- o learner explains the rules of score keeping

2. Demonstrate the fundamentals of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the jump shot.
- b. Demonstrate a free throw.
- c. Demonstrate the hook shot.

Performance Standards

You will demonstrate your competence:

- o upon completion of an instructor's checklist of the fundamentals of basketball

Your performance will be successful when:

- o learner demonstrates a jump shot
- o learner demonstrates a free throw
- o learner demonstrates a hook shot

3. Discuss the strategies of basketball.

Learning objectives

What you will learn as you master the competency:

- a. Discuss the strategies of a 2-3 zone.
- b. Discuss the strategies of a box press.
- c. Discuss the strategies of 4 out motion.

Performance Standards

You will demonstrate your competence:

- o by passing an exam governing the strategies of basketball with an 80%

Your performance will be successful when:

- o learner discusses the strategies of a 2-3 zone
- o learner discusses the strategies of a box press

- o learner discusses the strategies of 4 out motion

Types of Instruction

On-Campus Clinical

Grading Information

Grading Rationale

Skills Explanation Demonstration 40%

Tests 40%

Participation 10%

Portfolio 10%

Grading Scale

A 90% or above

B 80-89%

C 70-79%

D 60-69%

F 59% or below