Course Information:
- **Division**: Health & Physical Education
- **Course Number**: HPE 201F
- **Title**: Advanced Football I
- **Credits**: 1
- **Developed by**: John O'Mera
- **Lecture/Lab Ratio**: 0 Lecture/2 Lab
- **Transfer Status**:
  - ASU: KIN 205
  - NAU: PES 100
  - UA: PE Departmental Elective, PE Activity Credit limit of three units

Activity Course: Yes
- **CIP Code**: 31.0501
- **Assessment Mode**: Portfolio
- **Semester Taught**: Fall and Spring
- **GE Category**: AAS Degree Only
- **Separate Lab**: No
- **Awareness Course**: No
- **Intensive Writing Course**: No

Prerequisites:
- HPE 102F

Educational Value:
Students who desire to develop their fundamental skills and understanding of strategies involved in football.

Description:
A study of the game of football including fundamental techniques such as offensive, defensive, and special teams strategies, rules, and a brief history of the game. To develop and enhance competitive football techniques and skills and to prepare student for competition.

Supplies:
Cleats/Running Shoes
Competencies and Performance Standards

1. Demonstrate the fundamentals of football.
   
   Learning objectives
   
   What you will learn as you master the competency:
   
   a. Demonstrate the drive block.
   b. Demonstrate the pass block.
   c. Demonstrate the stock block.

   Performance Standards
   
   You will demonstrate your competence:
   o upon completion of an instructor’s checklist

   Your performance will be successful when:
   o learner demonstrates a drive block
   o learner demonstrates a pass block
   o learner demonstrates a stock block

2. Explain the strategies of football.
   
   Learning objectives
   
   What you will learn as you master the competency:
   
   a. Explain the strategies of drive blocking.
   b. Explain the strategies of pass blocking.
   c. Explain the strategies of stock blocking.

   Performance Standards
   
   You will demonstrate your competence:
   o upon passing an oral exam explaining the strategies of football with an 80%

   Your performance will be successful when:
   o learner explains the strategies of drive blocking
   o learner explains the strategies of pass blocking
   o learner explains the strategies of stock blocking

3. Explain the rules of football.
   
   Learning objectives
   
   What you will learn as you master the competency:
   
   a. Explain the rules of substitution.
   b. Explain the rules of forming a roster per season/game.
   c. Explain the rules of coaching from the field.

   Performance Standards
   
   You will demonstrate your competence:
   o upon passing an exam governing the rules of football with an 80%

   Your performance will be successful when:
   o learner explains the rules of substitution
   o learner explains the rules of forming a roster per season/game
learner explains the rules of coaching from the field

*Types of Instruction*
On-Campus Clinical

*Grading Information*

*Grading Rationale*

| Skills Explanation Demonstration | 40% |
| Tests                            | 40% |
| Participation                   | 10% |
| Portfolio                        | 10% |

*Grading Scale*

<table>
<thead>
<tr>
<th>Grade</th>
<th>Score Range</th>
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<tbody>
<tr>
<td>A</td>
<td>90% or above</td>
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<tr>
<td>B</td>
<td>80-89%</td>
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<tr>
<td>C</td>
<td>70-79%</td>
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<tr>
<td>D</td>
<td>60-69%</td>
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<tr>
<td>F</td>
<td>59% or below</td>
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