

EASTERN ARIZONA COLLEGE

Advanced Tennis I

Course Design

2016-2017

Course Information

Division Health & Physical Education

Course Number HPE 201U

Title Advanced Tennis I

Credits 1

Developed by Jim Bagnall

Lecture/Lab Ratio 0 Lecture/2 Lab

Transfer Status

ASU	NAU	UA
KIN 205	PES 100	PE Departmental Elective, PE Activity Credit limit of three units

Activity Course Yes

CIP Code 31.0501

Assessment Mode Portfolio

Semester Taught Fall and Spring

GE Category AAS degree only

Separate Lab No

Awareness Course No

Intensive Writing Course No

Prerequisites

HPE 102U

Educational Value

Students interested in enhancing their tennis skills and increasing their physical fitness level.

Description

Designed to assist the student in learning the basic skills and knowledge which lead to optimum tennis performance.

Supplies

Tennis racquet

Competencies and Performance Standards

1. Discuss the rules of tennis.

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of scoring in singles play.
- b. Explain the rules of etiquette in singles play.
- c. Explain the rules of safety in singles play.

Performance Standards

You will demonstrate your competence:

- o by passing an exam governing the rules of singles play at an intermediate level with score of 80%

Your performance will be successful when:

- o learner explains the rules of scoring in singles play at an intermediate level
- o learner explains the rules of etiquette in singles play at an intermediate level
- o learner explains the rules of safety in singles play at an intermediate level

2. Demonstrate the skills of tennis.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the mechanics of a top spin serve.
- b. Demonstrate the mechanics of top spin ground strokes.
- c. Demonstrate the mechanics of back spin ground strokes.

Performance Standards

You will demonstrate your competence:

- o upon completion of an instructor's evaluation checklist

Your performance will be successful when:

- o learner demonstrates the mechanics of top spin serve
- o learner demonstrates the mechanics of top spin ground strokes
- o learner demonstrates the mechanics of back spin ground strokes

3. Explain the strategies in tennis.

Learning objectives

What you will learn as you master the competency:

- a. Explain intermediate strategies of serve return in singles play.
- b. Explain intermediate strategies of front court play in singles.
- c. Explain intermediate strategies of back court play in singles.

Performance Standards

You will demonstrate your competence:

- o by passing an exam on intermediate strategies of singles with a score of 80%

Your performance will be successful when:

- o learner explains the intermediate strategies of serve return in singles play
- o learner explains the intermediate strategies of front court play in singles

- o learner explains the intermediate strategies of back court play in singles

Types of Instruction

On-Campus Clinical

Grading Information

Grading Rationale

Skills Explanation Demonstration	40%
Tests	40%
Participation	10%
Portfolio	10%

Grading Scale

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below