

# EASTERN ARIZONA COLLEGE

## Advanced Varsity Football II

Course Design  
2016-2017

### **Course Information**

**Division** Health & Physical Education  
**Course Number** HPE 202AD  
**Title** Advanced Varsity Football II  
**Credits** 1  
**Developed by** John O'Mera  
**Lecture/Lab Ratio** 0 Lecture/2 Lab

### **Transfer Status**

ASU	NAU	UA
KIN 205	PES 100	Non Transferable

**Activity Course** Yes  
**CIP Code** 31.0501  
**Assessment Mode** Portfolio  
**Semester Taught** Fall and Spring  
**GE Category** AAS degree only  
**Separate Lab** No  
**Awareness Course** No  
**Intensive Writing Course** No

### **Prerequisites**

HPE 201AD

### **Educational Value**

Students who desire to develop their skills and understanding of strategies involved in football. To enable the students to continue on and have a football career at a four-year institution and/or professional level.

### **Description**

A study of the game of football including fundamental techniques, offensive and defensive strategies, rules, and a brief history of the game. To develop and enhance competitive football techniques and skills to prepare students for competition.

### **Supplies**

Cleats/Running Shoes

## **Competencies and Performance Standards**

### **1. Explain the rules of football.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Explain the rule of officiating back judge.
- b. Explain the rules of officiating line judge.
- c. Explain the rules of officiating umpire.

#### **Performance Standards**

*You will demonstrate your competence:*

- o by passing an exam governing the rules of football with an 80%

*Your performance will be successful when:*

- o learner explains the rules of officiating back judge
- o learner explains the rules of officiating line judge
- o learner explains the rules of officiating umpire

### **2. Demonstrate the fundamentals of football.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Demonstrate the soccer style kick.
- b. Demonstrate the straight-style kick.
- c. Demonstrate holding the football for kicking.

#### **Performance Standards**

*You will demonstrate your competence:*

- o upon completion of an instructor's checklist

*Your performance will be successful when:*

- o learner demonstrates a soccer style kick
- o learner demonstrates a straight-on style kick
- o learner demonstrates holding the football for kicking

### **3. Discuss the strategies of football.**

#### **Learning objectives**

*What you will learn as you master the competency:*

- a. Discuss the strategies of the trips formation.
- b. Discuss the strategies of the slot formation.
- c. Discuss the strategies of the ace formation.

#### **Performance Standards**

*You will demonstrate your competence:*

- o by passing an oral exam on the strategies of football with an 80%

*Your performance will be successful when:*

- o learner discusses the strategies of the trips formation
- o learner discusses the strategies of the slot formation

- o learner discusses the strategies of the ace formation

***Types of Instruction***

On-Campus Clinical

***Grading Information***

***Grading Rationale***

Skills Explanation Demonstration	40%
Test	40%
Participation	10%
Portfolio	10%

***Grading Scale***

A	90% or above
B	80-89%
C	70-79%
D	60-69%
F	59% or below