**Course Information**

**Division**  
Health & Physical Education

**Course Number**  
HPE 202F

**Title**  
Advanced Football II

**Credits**  
1

**Developed by**  
John O’Mera

**Lecture/Lab Ratio**  
0 Lecture/2 Lab

**Transfer Status**

<table>
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<th>ASU</th>
<th>NAU</th>
<th>UA</th>
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<tr>
<td></td>
<td>KIN 205</td>
<td>PES 100</td>
<td>PE Departmental Elective, PE Activity Credit limit of three units</td>
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**Activity Course**  
Yes

**CIP Code**  
31.0501

**Assessment Mode**  
Portfolio

**Semester Taught**  
Fall and Spring

**GE Category**  
AAS degree only

**Separate Lab**  
No

**Awareness Course**  
No

**Intensive Writing Course**  
No

**Prerequisites**

HPE 201F

**Educational Value**

Students who desire to develop their fundamental skills and understanding of strategies involved in football.

**Description**

A study of the game of football including fundamental techniques such as offensive, defensive, and special teams strategies, rules, and a brief history of the game. To develop and enhance competitive football techniques and skills and to prepare student for competition.

**Supplies**

Cleats/Running Shoes
Competencies and Performance Standards

1. **Explain the rules of football.**
   
   **Learning objectives**
   
   What you will learn as you master the competency:
   
   a. Explain the rules of kicking.
   b. Explain the rules of receiving.
   c. Explain the rules of out of bounds.

   **Performance Standards**
   
   You will demonstrate your competence:
   
   o upon passing an exam governing the rules of football with an 80%

   Your performance will be successful when:
   
   o learner explains the rules of kicking
   o learner explains the rules of receiving
   o learner explains the rules of out of bounds

2. **Demonstrate the fundamentals of football.**

   **Learning objectives**
   
   What you will learn as you master the competency:
   
   a. Demonstrate shot-gun snap.
   b. Demonstrate hand off.
   c. Demonstrate long snap.

   **Performance Standards**
   
   You will demonstrate your competence:
   
   o upon completion of instructor's checklist

   Your performance will be successful when:
   
   o learner demonstrates the shot-gun snap
   o learner demonstrates the hand off
   o learner demonstrates the long snap

3. **Discuss the strategies of football.**

   **Learning objectives**
   
   What you will learn as you master the competency:
   
   a. Discuss kicking strategies.
   b. Discuss two-minute offense strategies.
   c. Discuss time management strategies.

   **Performance Standards**
   
   You will demonstrate your competence:
   
   o upon passing an oral exam governing the strategies of football with an 80%

   Your performance will be successful when:
   
   o learner discusses the strategies of kicking
   o learner discusses the strategies of the two-minute offense
• learner discusses the strategies of time management

**Types of Instruction**

On-Campus Clinical

**Grading Information**

**Grading Rationale**

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Skills Explanation Demonstration</td>
<td>40%</td>
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<tr>
<td>Tests</td>
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<tr>
<td>Participation</td>
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<td>Portfolio</td>
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**Grading Scale**

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<th>Grade</th>
<th>Percentage</th>
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<tr>
<td>A</td>
<td>90% or above</td>
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<tr>
<td>B</td>
<td>80-89%</td>
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<tr>
<td>C</td>
<td>70-79%</td>
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<tr>
<td>D</td>
<td>60-69%</td>
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<tr>
<td>F</td>
<td>59% or below</td>
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