Professional Activity I
Course Design
2007-2008

Course Information
Organization Eastern Arizona College
Division Health & Physical Education
Course Number HPE 220
Title Professional Activity I
Credits 3
Developed by Jerry Hekekia
Lecture/Lab Ratio 2 Lecture/2 Lab
Transfer Status ASU: DEC (EXW); NAU: DEC; UA: DEC
Activity Course No
CIP Code 13.1314
Assessment Mode Pre/Post Test (20 Questions/20 Points)
Semester Taught Fall semester in odd-numbered years
GE Category None
Separate Lab No
Awareness Course No
Intensive Writing Course No

Prerequisites
None

Educational Value
Gives the student a basic knowledge of professional activities and teaching methods that are necessary in the Health and Physical Education degree program.

Description
Assists the student in learning the skills and teaching methods for golf, football, and basketball. It includes basic techniques, methods, rules, and strategies.

Supplies
Work-out attire
Competencies and Performance Standards

1. Demonstrate the fundamental skills in golf, football and basketball

   Learning objectives
   What you will learn as you master the competency:
   a. Demonstrate the uses of the various golf clubs
   b. Demonstrate the techniques in the golf swing
   c. Demonstrate the techniques in football passing
   d. Demonstrate the techniques in football receiving
   e. Demonstrate the techniques in football blocking
   f. Demonstrate the techniques in football tackling
   g. Demonstrate the techniques in basketball dribbling
   h. Demonstrate the techniques in basketball passing
   i. Demonstrate the techniques in basketball shooting

   Performance Standards
   Competence will be demonstrated:
   o Instructor evaluation check list
   Criteria - Performance will be satisfactory when:
   o Learner demonstrates the uses of the various golf clubs
   o Learner demonstrates the techniques in the golf swing
   o Learner demonstrates the techniques in football passing
   o Learner demonstrates the techniques in football receiving
   o Learner demonstrates the techniques in football blocking
   o Learner demonstrates the techniques in football tackling
   o Learner demonstrates the techniques in basketball dribbling
   o Learner demonstrates the techniques in basketball passing
   o Learner demonstrates the techniques in basketball shooting

2. Discuss rules, safety issues, history, and equipment uses in golf, football, and basketball

   Learning objectives
   What you will learn as you master the competency:
   a. Explain the rules of golf, football and basketball
   b. Explain the equipment and uses for golf, football and basketball
   c. Explain a brief history of golf, football and basketball
   d. Explain the safety issues of golf, football and basketball

   Performance Standards
   Competence will be demonstrated:
   o Pass an exam with a score of 80%
   Criteria - Performance will be satisfactory when:
3. Explain teaching methods for skill instruction in golf, football and basketball

**Learning objectives**

*What you will learn as you master the competency:*

a. Explain progressive drill instruction
b. Explain group instruction
c. Explain practice organization

**Performance Standards**

*Competence will be demonstrated:*

- Pass an exam with a score of 80%

*Criteria - Performance will be satisfactory when:*

- Learner explains progressive drill instruction
- Learner explains group instruction
- Learner explains practice organization

**Types of Instruction**

Classroom Presentation and Demonstration

**Grading Information**

**Grading Rationale**

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Participation</td>
<td>60%</td>
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<tr>
<td>Quizzes</td>
<td>15%</td>
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<tr>
<td>Teaching Skill</td>
<td>15%</td>
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<tr>
<td>Pre/Post Test</td>
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