

Professional Activity I

Course Design

2007-2008

Course Information

Organization	Eastern Arizona College
Division	Health & Physical Education
Course Number	HPE 220
Title	Professional Activity I
Credits	3
Developed by	Jerry Hekekie
Lecture/Lab Ratio	2 Lecture/2 Lab
Transfer Status	ASU: DEC (EXW); NAU: DEC; UA: DEC
Activity Course	No
CIP Code	13.1314
Assessment Mode	Pre/Post Test (20 Questions/20 Points)
Semester Taught	Fall semester in odd-numbered years
GE Category	None
Separate Lab	No
Awareness Course	No
Intensive Writing Course	No

Prerequisites

None

Educational Value

Gives the student a basic knowledge of professional activities and teaching methods that are necessary in the Health and Physical Education degree program.

Description

Assists the student in learning the skills and teaching methods for golf, football, and basketball. It includes basic techniques, methods, rules, and strategies.

Supplies

Work-out attire

Competencies and Performance Standards

1. Demonstrate the fundamental skills in golf, football and basketball

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the uses of the various golf clubs
- b. Demonstrate the techniques in the golf swing
- c. Demonstrate the techniques in football passing
- d. Demonstrate the techniques in football receiving
- e. Demonstrate the techniques in football blocking
- f. Demonstrate the techniques in football tackling
- g. Demonstrate the techniques in basketball dribbling
- h. Demonstrate the techniques in basketball passing
- i. Demonstrate the techniques in basketball shooting

Performance Standards

Competence will be demonstrated:

- o Instructor evaluation check list

Criteria - Performance will be satisfactory when:

- o Learner demonstrates the uses of the various golf clubs
- o Learner demonstrates the techniques in the golf swing
- o Learner demonstrates the techniques in football passing
- o Learner demonstrates the techniques in football receiving
- o Learner demonstrates the techniques in football blocking
- o Learner demonstrates the techniques in football tackling
- o Learner demonstrates the techniques in basketball dribbling
- o Learner demonstrates the techniques in basketball passing
- o Learner demonstrates the techniques in basketball shooting

2. Discuss rules, safety issues, history, and equipment uses in golf, football, and basketball

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of golf, football and basketball
- b. Explain the equipment and uses for golf, football and basketball
- c. Explain a brief history of golf, football and basketball
- d. Explain the safety issues of golf, football and basketball

Performance Standards

Competence will be demonstrated:

- o Pass an exam with a score of 80%

Criteria - Performance will be satisfactory when:

- o Learner explains the rules of golf, football and basketball
 - o Learner explains the equipment and uses for golf, football and basketball
 - o Learner explains a brief history of golf, football and basketball
 - o Learner explains the safety issues of golf, football and basketball
3. Explain teaching methods for skill instruction in golf, football and basketball

Learning objectives

What you will learn as you master the competency:

- a. Explain progressive drill instruction
- b. Explain group instruction
- c. Explain practice organization

Performance Standards

Competence will be demonstrated:

- o Pass an exam with a score of 80%

Criteria - Performance will be satisfactory when:

- o Learner explains progressive drill instruction
- o Learner explains group instruction
- o Learner explains practice organization

Types of Instruction

Classroom Presentation and Demonstration

Grading Information

Grading Rationale

Participation	60%
Quizzes	15%
Teaching Skill	15%
Pre/Post Test	10%