Professional Activity IV
Course Design
2007-2008

Course Information
Organization: Eastern Arizona College
Division: Health & Physical Education
Course Number: HPE 223
Title: Professional Activity IV
Credits: 3
Developed by: Jim Bagnall
Lecture/Lab Ratio: 2 Lecture/2 Lab
Transfer Status: ASU: DEC (EXW); NAU: DEC; UA: DEC
Activity Course: No
CIP Code: 13.1314
Assessment Mode: Pre/Post Test (20 Questions/20 Points)
Semester Taught: Fall semester in even-numbered years
GE Category: None
Separate Lab: No
Awareness Course: No
Intensive Writing Course: No

Prerequisites
None

Educational Value
Gives the student a basic knowledge of professional activities and teaching methods that are necessary in the Health and Physical Education degree program.

Description
Assists the student in learning the skills and teaching methods for swimming, volleyball, and archery. It includes basic techniques, methods, rules, and strategies.

Supplies
Work-out attire
**Competencies and Performance Standards**

1. **Demonstrate the fundamental skills in swimming, volleyball, archery**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Demonstrate the techniques in the breast stroke, back crawl stroke and butterfly stroke in swimming
   
   b. Demonstrate the techniques of passing, serving, setting and spiking in volleyball
   
   c. Demonstrate the techniques in the preparation for the draw and transition in archery

   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o Instructor evaluation check list
   
   *Criteria - Performance will be satisfactory when:*
   
   o Learner demonstrates the breast stroke, crawl stroke, back crawl stroke and butterfly stroke in swimming
   
   o Learner demonstrates the techniques in passing, setting spiking and serving in volleyball
   
   o Learner demonstrates the techniques in preparation for the draw and transition in archery

2. **Discuss rules, safety issues, history, and equipment uses in swimming, volleyball, archery**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Explain the rules of swimming, volleyball, and archery
   
   b. Explain the safety issues in swimming, volleyball, and archery
   
   c. Explain a brief history of swimming, volleyball, and archery
   
   d. Explain the equipment and uses for swimming, volleyball, and archery

   **Performance Standards**
   
   *Competence will be demonstrated:*
   
   o Pass an exam with a score of 80%
   
   *Criteria - Performance will be satisfactory when:*
   
   o Learner explains the rules of swimming, volleyball, and archery
   
   o Learner explains the safety issues in swimming, volleyball, and archery
   
   o Learner explains a brief history of swimming, volleyball, and archery
   
   o Learner explains the equipment and uses for swimming, volleyball, and archery

3. **Explain teaching methods for skill instruction in swimming, volleyball, and archery**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Explain progressive drill instruction
   
   b. Explain group instruction
   
   c. Explain practice organization
**Performance Standards**

*Competence will be demonstrated:*
- Pass an exam with a score of 80%

*Criteria - Performance will be satisfactory when:*
- Learner explains progressive drill instruction
- Learner explains group instruction
- Learner explains practice organization

**Types of Instruction**

Classroom Presentation and Demonstration

**Grading Information**

**Grading Rationale**

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Participation</td>
<td>60%</td>
</tr>
<tr>
<td>Quizzes</td>
<td>15%</td>
</tr>
<tr>
<td>Teaching Skill</td>
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<tr>
<td>Pre/Post Test</td>
<td>10%</td>
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</tbody>
</table>

**Grading Scale**

- **A** 90%--Above
- **B** 80%--89%
- **C** 70%--79%
- **D** 60%--69%
- **F** 59%--Below