

Professional Activity IV

Course Design

2007-2008

Course Information

Organization	Eastern Arizona College
Division	Health & Physical Education
Course Number	HPE 223
Title	Professional Activity IV
Credits	3
Developed by	Jim Bagnall
Lecture/Lab Ratio	2 Lecture/2 Lab
Transfer Status	ASU: DEC (EXW); NAU: DEC; UA: DEC
Activity Course	No
CIP Code	13.1314
Assessment Mode	Pre/Post Test (20 Questions/20 Points)
Semester Taught	Fall semester in even-numbered years
GE Category	None
Separate Lab	No
Awareness Course	No
Intensive Writing Course	No

Prerequisites

None

Educational Value

Gives the student a basic knowledge of professional activities and teaching methods that are necessary in the Health and Physical Education degree program.

Description

Assists the student in learning the skills and teaching methods for swimming, volleyball, and archery. It includes basic techniques, methods, rules, and strategies.

Supplies

Work-out attire

Competencies and Performance Standards

1. Demonstrate the fundamental skills in swimming, volleyball, archery

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate the techniques in the breast stroke, back crawl stroke and butterfly stroke in swimming
- b. Demonstrate the techniques of passing, serving, setting and spiking in volleyball
- c. Demonstrate the techniques in the preparation for the draw and transition in archery

Performance Standards

Competence will be demonstrated:

- o Instructor evaluation check list

Criteria - Performance will be satisfactory when:

- o Learner demonstrates the breast stroke, crawl stroke, back crawl stroke and butterfly stroke in swimming
- o Learner demonstrates the techniques in passing, setting spiking and serving in volleyball
- o Learner demonstrates the techniques in preparation for the draw and transition in archery

2. Discuss rules, safety issues, history, and equipment uses in swimming, volleyball, archery

Learning objectives

What you will learn as you master the competency:

- a. Explain the rules of swimming, volleyball, and archery
- b. Explain the safety issues in swimming, volleyball, and archery
- c. Explain a brief history of swimming, volleyball, and archery
- d. Explain the equipment and uses in swimming, volleyball, and archery

Performance Standards

Competence will be demonstrated:

- o Pass an exam with a score of 80%

Criteria - Performance will be satisfactory when:

- o Learner explains the rules of swimming, volleyball, and archery
- o Learner explains the safety issues in swimming, volleyball, and archery
- o Learner explains a brief history of swimming, volleyball, and archery
- o Learner explains the equipment and uses for swimming, volleyball, and archery

3. Explain teaching methods for skill instruction in swimming, volleyball, and archery

Learning objectives

What you will learn as you master the competency:

- a. Explain progressive drill instruction
- b. Explain group instruction
- c. Explain practice organization

Performance Standards

Competence will be demonstrated:

- o Pass an exam with a score of 80%

Criteria - Performance will be satisfactory when:

- o Learner explains progressive drill instruction
- o Learner explains group instruction
- o Learner explains practice organization

Types of Instruction

Classroom Presentation and Demonstration

Grading Information

Grading Rationale

Participation	60%
Quizzes	15%
Teaching Skill	15%
Pre/Post Test	10%

Grading Scale

A	90%-Above
B	80%-89%
C	70%-79%
D	60%-69%
F	59%-Below