EASTERN ARIZONA COLLEGE
Fitness and Sports Medicine IV
Course Design
2014-2015

Course Information
Division
Health & Physical Education
Course Number
HPE 241
Title
Fitness and Sports Medicine IV
Credits
1
Developed by
Jim Bagnall
Lecture/Lab Ratio
0 Lecture/2 Lab
Transfer Status
<table>
<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
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<tbody>
<tr>
<td>KIN Department</td>
<td>Elective, EXW</td>
<td>PE Departmental Elective</td>
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<td>Department Elective</td>
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<td>PE Activity Credit</td>
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<td>Credit limit of three units</td>
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Activity Course
No
CIP Code
51.0800
Assessment Mode
Portfolio
Semester Taught
Spring
GE Category
None
Separate Lab
No
Awareness Course
No
Intensive Writing Course
No

Prerequisites
HPE 240 or concurrent enrollment in HPE 240

Educational Value
This course is designed for the Sports Medicine and Rehabilitative Therapies program. It is also designed to meet the needs of students involved in other Health and Physical Education programs.

Description
Course is designed to allow application of techniques observed by students pursuing the Sports Medicine and Rehabilitative Therapies Certificate. Identical to HHP 241.

Supplies
None
Competencies and Performance Standards

1. Demonstrate on-field assessment

Learning objectives
What you will learn as you master the competency:
   a. Demonstrate on-field assessment
   b. Demonstrate the differences between on-field assessments

Performance Standards
You will demonstrate your competence:
   o in written journal
   o in class participation
Your performance will be successful when:
   o learner demonstrates on-field assessment
   o learner can demonstrate the differences between on-field assessments

2. Perform Clinical-Post Surgery/Trauma Rehabilitation

Learning objectives
What you will learn as you master the competency:
   a. Perform Clinical-Post Surgery/Trauma Rehabilitation
   b. Demonstrate the differences between Clinical-Post Surgery/Trauma Rehabilitation

Performance Standards
You will demonstrate your competence:
   o in written journal
   o in class participation
Your performance will be successful when:
   o learner performs Clinical-Post Surgery/Trauma Rehabilitation
   o learner can demonstrate the differences between Clinical-Post Surgery/Trauma Rehabilitation

3. Perform Sport Specific Actions

Learning objectives
What you will learn as you master the competency:
   a. Perform Sport Specific Actions
   b. Demonstrate the differences between Sport Specific Actions

Performance Standards
You will demonstrate your competence:
   o in written journal
   o in class participation
Your performance will be successful when:
   o learner performs Sport Specific Actions
   o learner demonstrates the differences between Sport Specific Actions
Types of Instruction
Off campus clinical

Grading Information
Grading Rationale
Portfolio  60%
Participation  40%

Grading Scale
A  90% - 100%
B  80% - 89%
C  70% - 79%
D  60% - 69%
F  Below 60 %