High Adventure Leadership
Course Design
2007-2008

Course Information
Organization: EASTERN ARIZONA COLLEGE
Division: Health & Physical Education
Course Number: HPE 282
Title: High Adventure Leadership
Credits: 2
Developed by: Clint Lawton
Lecture/Lab Ratio: 1 Lecture/2 Lab
Transfer Status: Non-transferable
Activity Course: Yes
CIP Code: 13.1314
Assessment Mode: Pre/Post Test (25 Questions/100 Points)
Semester Taught: Fall and Spring
GE Category: None
Separate Lab: Yes
Awareness Course: No
Intensive Writing Course: No

Prerequisites
None

Educational Value
This leadership course was created to help teach young adults the attitudes and skills that good leaders demonstrate. Practicing and mastering these skills will help enable young people to have positive leadership experiences.

Description
We will use an outdoor setting, leadership modules, and student teaching to facilitate the acquisition of leadership skills. Students will have the opportunity to exhibit these skills through planning and carrying out a high adventure activity within a group setting. Class attendance and participation are vital to this learning process.
**Supplies**
Personal Camping & Hiking Gear. Some supplies may be provided if needed. Please arrange for this in advance.

**Other Information**
If a student is 17 years old or younger a release form will be required from the parent or guardian. This course requires a criminal background check for registration and insurance purposes if the student is over 18.

**Fees**
A $30 NON REFUNDABLE fee per student will be charged for the following expenses:
- $12 fee for registration and liability insurance through a Venturing Crew.
- $2 fee for ammunition for the shooting safety experience.
- $10 fee for slot canyon hike.
- $6 fee for travel.

*Note: Additional fees may be assessed to compensate for fuel charges.*

**Competencies and Performance Standards**
1. Learn leadership skills and how to teach leadership skills to others.

   **Learning objectives**
   What you will learn as you master the competency:
   a. Vision
   b. Organization
   c. Communication
   d. Synergism

   **Performance Standards**
   You will demonstrate your competence:
   o In Group Activities
   o On written papers
   o On a final exam

   *Your performance will be successful when:*
   o you have read the leadership book assigned, and written a paper on applications of leadership skills discussed.
   o you and your group complete a presentation teaching the leadership skills from the book to your fellow class members.
   o you can successfully give a class presentation on one of the principles of leadership.
   o you have the ability to recognize and evaluate leadership skills in others.
2. **Recognize** and utilize resources available to implement a successful outdoor program.

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. How to gather resources and expertise from the community.
   b. Plan a large group activity.
   c. Delegate tasks.
   d. Plan for safety issues and mitigate possible problems.
   e. Coordinate teaching and materials for a large group.
   f. Facilitate a reflection.
   g. How to coordinate and associate outdoor activities with personal growth experiences in future business and “real-life.”

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   o on assigned activities
   o on a paper
   o on a cumulative final exam

   *Your performance will be successful when:*
   
   o you and your group plan and carry out a high adventure activity.
   o you hold a successful reflection immediately following the activity.
   o you write a paper explaining your leadership skills gained and how you will use those in other roles in your life.

3. **Learn the principles and importance of Leave-no-Trace.**

   **Learning objectives**
   
   *What you will learn as you master the competency:*
   
   a. Plan ahead and prepare.
   b. Travel and camp on durable surfaces.
   c. Dispose of waste properly.
   d. Minimize campfire impacts.
   e. Respect wildlife.
   f. Be considerate of other visitors.

   **Performance Standards**
   
   *You will demonstrate your competence:*
   
   o on assigned activities
   o on a paper
   o on a final exam

   *Your performance will be successful when:*
   
   o you can demonstrate the leave-no-trace principles in your high adventure activities.
   o you can demonstrate the importance of leave no trace.
you can demonstrate possible difficulties associated with this principle.

**Types of Instruction**
Classroom Presentation, Outdoor Lab, Hands on Reflection

**Grading Information**

**Grading Scale**

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<tr>
<th>Letter</th>
<th>Percentage Range</th>
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<tbody>
<tr>
<td>A</td>
<td>90% - 100%</td>
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<tr>
<td>B</td>
<td>80% - 89%</td>
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<tr>
<td>C</td>
<td>70% - 79%</td>
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<td>D</td>
<td>60% - 69%</td>
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<td>F</td>
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