EASTERN ARIZONA COLLEGE
Nursing One
Course Design
2017-2018

Course Information
Division: Nursing
Course Number: NUR 120
Title: Nursing One
Credits: 9
Developed by: Sara Lemley
Lecture/Lab Ratio: 6 Lecture/9 Lab
Transfer Status

<table>
<thead>
<tr>
<th>ASU</th>
<th>NAU</th>
<th>UA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elective Credit</td>
<td>Elective Credit</td>
<td>Non Transferable</td>
</tr>
</tbody>
</table>

Activity Course: No
CIP Code: 51.3801
Assessment Mode: Standardized National Exam
Semester Taught: Fall and Spring
GE Category: None
Separate Lab: Yes
Awareness Course: No
Intensive Writing Course: No

Prerequisites
Admission to Eastern Arizona College’s nursing program

Educational Value
TO GENERAL EDUCATION: Provides opportunity for students to apply, analyze, synthesize, and evaluate concepts learned in general education.
TO MAJOR/PROGRAM: This is the first nursing course in the associate degree nursing program.
TO OTHER COURSES OR CURRICULA: This course is interrelated with other nursing courses.

Description
This course creates a foundation of nursing practice for each student. Themes for the program include caring, clinical competency, and nursing identity. This course teaches fundamental elements of nursing practice. Students will provide basic nursing care to stable and older clients in a variety of settings. Instruction will be offered through multiple methods such as didactic, skills lab, online and in the clinical setting. Entry into NUR 120 requires prior admission to the nursing program.
Supplies
Wrist watch with second hand
Stethoscope, Bandage scissors, Penlight
Approved EAC Nursing Uniform, including shoes (see Handbook)
EAC Photo ID Badge
Nurse Pac (Skills Lab Supplies)

Competencies and Performance Standards
Upon completion of NUR 120, the student will display characteristics of the themes and subthemes of the nursing program as displayed below.

1. Caring.

Learning objectives
Course Goal-
The student will demonstrate caring behaviors the areas of holism, cultural diversity, therapeutic communication, spirituality, health promotion, and meeting psychosocial needs in clinical and classroom settings for multiple clients.

What you will learn as you master the competency:

Sub-Themes- Students in NUR 120 will demonstrate sub-themes by accomplishing the following

Holism Objective:
a. Identify principles of holistic care nurses provide to adult clients.

Cultural Diversity Objective:
b. State the importance of culturally diverse populations when caring for the stable adult client.

Therapeutic Communication Objective:
c. List effective communication techniques when caring for diverse clients.

Spirituality Objective:
d. Explain the importance of the spiritual dimension when caring for the adult client.

Health Promotion Objective:
e. Identify and perform basic health promotion practices when caring for stable adult clients.

Psychosocial:
f. Cite the principles and identify psychosocial needs in stable adult clients.

Performance Standards
Competence will be demonstrated by successful:

○ demonstration of learned skills
○ completion of class activities and assignments
○ completion of tests

Performance will be satisfactory when:

○ learner participates in class discussions and activities
○ learner provides acceptable verbal responses to questions
○ learner participates in skills lab and clinical experiences
2. **Clinical Competency**  
*Learning objectives*  
**Course Goal:**  
The student will identify principles of clinical competency through the nursing process, evidence-based practice, and utilizing technical skills in clinical and classroom settings for the stable adult client.  

*What you will learn as you master the competency:*  
**Sub-Themes**- Students in NUR 120 will demonstrate sub-themes by accomplishing the following  
Nursing Process Objective:  
a. List five steps of the nursing process and discuss how they are used to plan nursing care for a client.  
Evidence Based Practice Objective:  
b. Define evidence-based practice and discuss how it directs nursing care of stable adult clients.  
Technical Skills Objective:  
c. Perform basic clinical skills to provide care to a stable adult client.  

*Performance Standards*  
*Competence will be demonstrated by successful:*  
- demonstration of learned skills  
- completion of class activities and assignments  
- completion of tests  

*Performance will be satisfactory when:*  
- learner participates in class discussions and activities  
- learner provides acceptable verbal responses to questions  
- learner participates in skills lab and clinical experiences

3. **Nursing Identity**  
*Learning objectives*  
**Course Goal:**  
The student will identify components of nursing identity through socialization into the profession, integrity, accountability/safety, and collaboration in clinical and classroom settings in caring for the stable adult client.  

*What you will learn as you master the competency:*  
**Sub-Themes**- Students in NUR 120 will demonstrate sub-themes by accomplishing the following  
Socialization into the Profession Objective:  
a. Summarize the history of nursing and various nursing roles.  
Integrity Objective:  
b. Describe the importance of integrity to nursing’s identity.  
Accountability/Safety Objective:  
c. Cite components of accountability in caring for the adult client as it applies to the nursing profession.  
Collaboration Objective:  
d. Identify collaboration principles within the multidisciplinary team.
Performance Standards

Competence will be demonstrated by successful:
- demonstration of learned skills
- completion of class activities and assignments
- completion of tests

Performance will be satisfactory when:
- learner participates in class discussions and activities
- learner provides acceptable verbal responses to questions
- learner participates in skills lab and clinical experiences

Types of Instruction

Classroom Presentation, Lecture, Discussion, Online activities, Demonstration, and/or ITV.
Skills Laboratory and Clinical Instruction in long term care facilities.

Grading Information

Grading Rationale
- Written Examinations
- Assignments, including but not limited to: professional papers, concept maps,
- Care plans, group activities, in-class activities, ITV, and other assignments.
- On-Line Activities
- Skills testing
- Clinical simulations
- Clinical competency
- Final examination

The clinical component is required with the lecture component. There will be points assigned to the hospital clinical experiences and clinical simulation assignments.

- The lecture component of the nursing course will be assigned a letter grade based on the Nursing Department scale as described below.

- If a student receives a failing grade in the lab /clinical component, the student cannot continue in the program. If the student is re-admitted to the program, the lecture and lab/clinical components must both be repeated.

- Students must average a minimum of 80% on the math AND pharmacology components of the course.

Grading Scale

A 90 – 100% of total point value
B 80 – 89.99% of total point value
C 70 – 79.99% of total point value (unacceptable to continue in the program)
F 0 – 69.99% of total point value (unacceptable to continue in the program)