

EASTERN ARIZONA COLLEGE

Nursing Assistant

Course Design

2021-2022

Course Information

Division	Allied Health
Course Number	NUR 100
Title	Nursing Assistant
Credits	6
Developed by	Jill Cluff
Lecture/Lab Ratio	4 Lecture/6 Lab

Transfer Status

ASU	NAU	UA
Non Transferable	Elective Credit	Non Transferable

Activity Course	No
CIP Code	51.3900
Assessment Mode	Final Exam (100 Questions/100 Points)
Semester Taught	Fall and Spring
GE Category	None
Separate Lab	Yes
Awareness Course	No
Intensive Writing Course	No
Diversity and Inclusion Course	No

Prerequisites

ENG 055 or higher with a grade of "C" or higher or writing placement test score as established by District policy and ENG 090 or higher with a grade of "C" or higher or reading placement test score as established by District policy and MAT 100 or higher with a grade of "C" or higher or math placement test score as established by District policy or instructor approval

Educational Value

This course is one of the Health Care Education Core Requirements. It is intended for students and community members interested in exploring the health occupations.

Description

A course designed to prepare individuals for entry-level positions as nursing assistants in structured health care settings directly supervised by a registered or licensed practical nurse. Successful completion of the certification written and manual skills exams will lead to a certification as a Licensed Nursing Assistant (LNA) through the Arizona State Board of Nursing. Students must take NUR 100G, Nursing Assistant Lab, concurrently with this course. Students must attain a minimum of 120 hours of total instruction, which must include a minimum of 40 hours of classroom instruction, 20 hours in the skills lab, and 40 clinical hours in a skilled nursing facility. The Arizona State Board of Nursing requirements for certification include proof of legal presence in the United States and disclosure of felony conviction(s)

through a background check paid to Corporate Screening. Fingerprints are required in order for DPS/FBI to conduct background checks for criminal convictions. Student must provide proof of current TB skin test, or a clear chest X-ray, or a statement from a health care provider indicating student is free from symptoms of pulmonary tuberculosis.

Supplies

Wrist watch with second hand, uniform, and name pin

Competencies and Performance Standards

1. Demonstrate competencies needed for basic knowledge for the role of nursing assistant.

Learning objectives

What you will learn as you master the competency:

- a. Identify duties and responsibilities.
- b. Describe the importance of the health-care team.
- c. Describe professionalism.
- d. Explain the importance of confidentiality.
- e. Recognize unacceptable behavior.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments and activities

Performance will be satisfactory when:

- learner participates in class discussions and activities
- learner provides acceptable verbal responses to questions

2. Describe patient/resident rights.

Learning objectives

What you will learn as you master the competency:

- a. Explain resident/patient rights.
- b. Identify legal issues.
- c. Describe differences in beliefs and customs.
- d. Examine personal beliefs.
- e. Recognize abuse.
- f. Explain how to deal with abuse.

Performance Standards

Competence will be demonstrated:

- in completion of tests
- in completion of class activities and assignments

Performance will be satisfactory when:

- learner participates in class discussions and activities
- learner provides acceptable verbal responses to questions

3. Outline interpersonal skills needed in the healthcare setting.

Learning objectives

What you will learn as you master the competency:

- a. Identify basic needs.
- b. Demonstrate ways to develop positive relationships.
- c. Describe the purpose of the initial nursing assessment and of ongoing nursing assessments.
- d. Recognize the concerns of residents.
- e. Use effective communication skills.
- f. Describe emotional barriers.
- g. Recognize defensive behavior.
- h. Communicate with residents who are physically impaired.

Performance Standards

Competence will be demonstrated:

- in the completion of the assignments
- in analyzing a case study and applying the nursing process correctly
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities on the nursing process

4. Perform lifting, ambulating, positioning, moving, and transferring patients using good body mechanics.

Learning objectives

What you will learn as you master the competency:

- a. Demonstrate good body mechanics.
- b. Demonstrate good lifting techniques.
- c. Explain ambulatory procedures.
- d. Explain the importance of positioning.
- e. Identify proper positioning.
- f. Demonstrate how to move patients/residents in bed.
- g. Demonstrate how to transfer patients/residents.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in the demonstration of learned procedures
- in completion of tests

Performance will be satisfactory when:

- learner participates in class activities
- learner practices in pair, lifting, ambulating, positioning, moving, and transferring patients/residents

5. Perform techniques for controlling infection.

Learning objectives

What you will learn as you master the competency:

- a. Describe universal precautions.
- b. Describe ways to prevent infection.
- c. Explain procedures for disinfecting.
- d. Describe isolation procedures.
- e. Explain the importance of hand washing.
- f. Demonstrate proper hand washing.
- g. Explain the need for protective barriers.
- h. Demonstrate proper use of gloves.
- i. Explain how to control HBV.
- j. Identify ways to prevent HIV/AIDS.

Performance Standards

Competence will be demonstrated:

- in performance of required procedures
- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class activities on controlling infection
- learner performs the following procedures: hand washing, linen handling, and wearing protective barriers

6. Demonstrate accurate weighing and measuring used in nursing assisting.

Learning objectives

What you will learn as you master the competency:

- a. Recognize fluid measurements.
- b. Explain height and weight measurements.
- c. Demonstrate procedures for weighing and measuring.
- d. Report time accurately.

Performance Standards

Competence will be demonstrated:

- in performance of required procedures
- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities on weighing and measuring

7. Demonstrate components of basic care.

Learning objectives

What you will learn as you master the competency:

- a. Describe personal hygiene.
- b. Identify three methods of bathing.
- c. Explain procedures for foot and nail care.
- d. Demonstrate procedures for oral hygiene.
- e. Describe hair care.
- f. Describe skin care.
- g. Identify pressure points.
- h. Demonstrate the use of bedpans.
- i. Describe bowel and bladder problems.
- j. Recognize effects of aging on digestion.

Performance Standards

Competence will be demonstrated:

- in performance of required procedures
- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities
- learner practices required procedures

8. Demonstrate basic patient care procedures.

Learning objectives

What you will learn as you master the competency:

- a. Explain how to measure intake and output.
- b. Describe specimen collection.
- c. Describe special care for residents with tubing.
- d. Demonstrate proper application of bandages and dressings.
- e. Demonstrate proper bed making.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in demonstration of required procedures
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities
- learner practices required procedures

9. Demonstrate accurate measurements of vital signs.

Learning objectives

What you will learn as you master the competency:

- a. Name the five vital signs.
- b. Identify five locations for taking temperature.
- c. Explain how to use thermometers.
- d. Identify pulse points.
- e. Demonstrate how to count respirations.
- f. Demonstrate how to take blood pressure.

Performance Standards

Competence will be demonstrated:

- in performance of required procedures
- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities
- learner practices required procedures

10. Identify components of good nutrition.

Learning objectives

What you will learn as you master the competency:

- a. Identify basic food groups.
- b. Explain the importance of good nutrition.
- c. Recognize conditions that affect eating habits.
- d. Recognize changes in behavior that may relate to improper nutrition.
- e. Describe mealtime procedures.
- f. Explain how to prevent complications from dysphagia.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities on Therapeutic interaction/communication

11. Demonstrate concepts of safety and emergency procedures.

Learning objectives

What you will learn as you master the competency:

- a. Describe accident prevention.
- b. Define first aid.
- c. List life-threatening emergencies.
- d. Demonstrate the recovery position.

- e. Recognize and treat shock.
- f. Demonstrate the Heimlich Maneuver.
- g. Explain CPR procedures.
- h. Discuss the use of protective devices.
- i. Describe alternatives to restraints.

Performance Standards

Competence will be demonstrated:

- o in completion of class assignments
- o in demonstration of required procedures
- o in completion of tests

Performance will be satisfactory when:

- o learner participates in class discussions and activities
- o learner practices required procedures

12. Compare and contrast acute and long-term care.

Learning objectives

What you will learn as you master the competency:

- a. Recognize emotional and social needs.
- b. Describe behavior management.
- c. Describe body systems.
- d. Describe physical changes related to aging.
- e. Describe confusion.
- f. Describe reality orientation.
- g. Describe phases of Alzheimer's Disease.
- h. Recognize side effects of cancer treatment.
- i. Identify symptoms of diabetes.
- j. Outline steps to take during a seizure.
- k. Identify side effects of a stroke.

Performance Standards

Competence will be demonstrated:

- o in completion of class assignments
- o in demonstration of required procedures
- o in completion of tests

Performance will be satisfactory when:

- o learner participates in class discussions and activities
- o learner practices required procedures

13. Explain concepts related to restorative care.

Learning objectives

What you will learn as you master the competency:

- a. Explain the goals of rehabilitation.

- b. Explain the use of assistive devices.
- c. Describe ways to prevent loss or damage to glasses.
- d. Demonstrate how to care for hearing aids.
- e. Explain use and care of mobility aids.
- f. Explain benefits of exercise.
- g. Describe complications of immobility.
- h. Describe activities of daily living.
- i. Describe ROM.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in demonstration of required procedures
- in completion of tests

Performance will be satisfactory when:

- learner participates in class activities and discussions
- learner practices required procedures

14. Explain important aspects of managing healthcare information.

Learning objectives

What you will learn as you master the competency:

- a. Explain the importance of careful observation.
- b. Recognize symptoms of abnormal changes.
- c. Explain the importance of detecting problems early.
- d. Outline the reporting process.
- e. Explain charting procedures.
- f. Explain the need for accuracy.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class activities and discussions

15. Explain concepts related to death and dying.

Learning objectives

What you will learn as you master the competency:

- a. Define grief.
- b. Recognize five stages of grief.
- c. Describe reactions to death and dying.
- d. Describe care for someone who is dying.
- e. Identify signs of approaching death.

- f. Describe postmortem care.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities

16. List concepts related to home health care.

Learning objectives

What you will learn as you master the competency:

- a. Define home care.
- b. Explain the role and responsibilities of the Home Health Aide.
- c. Explain the role of the health-care team.
- d. Describe special concerns for home care.
- e. Describe home maintenance.
- f. Describe home safety.
- g. Describe family care.

Performance Standards

Competence will be demonstrated:

- in completion of class assignments
- in completion of tests

Performance will be satisfactory when:

- learner participates in class discussions and activities

Types of Instruction

Classroom Presentation

Skills Demonstration & Practice

Clinical Experiences

Grading Information

Grading Rationale

The course will be evaluated as follows: Tests = 70%, Presentation = 10%; Final Exam = 20%.

Students must attain a minimum of 120 hours of total instruction, which must include a minimum of 40 hours of classroom instruction, 20 hours in the skills lab, and 40 clinical hours in a skilled nursing facility to pass the class. Students must also finish with a minimum grade of 75%, and a 75% on the final exam to be recommended to take the State Nursing Assistant Certification Examination.

Grading Scale

A	91-100%
B	83-90.99%
C	75-82.99%
D	68-74.99%
F	0-67.99%